



Ten Ways to Prepare Your Child for Kindergarten

1. Help your child recognize the letters of the alphabet as well as numbers 1-10.
 2. Model and provide guided practice in learning to write their name with the first letter of the name in upper case letters and the remaining letters in lower case. Ex. Brad, Beth
 3. Help your child memorize their birth date, address, and phone number.
 4. Practice self-help skills such as tying shoes, blowing their nose, toilet habits, zipping, and buttoning.
 5. Practice fine motor skills such as pencil grasp, cutting and gluing.
 6. Model and reinforce social skills such as sharing, taking turns, and responding with "please" and "thank you."
 7. Instill and promote respect for authority figures and routines.
 8. Encourage independence in all areas.
 9. Provide practice in following 1, 2, and 3 step directions.
 10. READ to your child and have them retell the story.
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